

Flash, blink, blink

Swirl

Enormous agreements

Flash ^{said one was on gallery} blink blink, ^{walls} swirl

Surface similarities
in galleries
~~the~~ on canvas

Inresistable world

I won't

D E S I D E R A T A

"Go placidly amid the noise and the haste, and remember what peace there may be in silence... As far as possible, without surrender, be on good terms with all persons. Speak your truth quietly and clearly and listen to others, even to the dull and the ignorant; for they too have their story. Avoid loud and aggressive persons; they are vexatious to the spirit;... If you compare yourself with others, you may become bitter or vain, for always there will be greater and lesser persons than yourself. Enjoy your achievements as well as your plans. Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time... Exercise caution in your business affairs, for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals, and everywhere life is full of heroism... Be yourself. Especially do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment, it is as perennial as the grass... Take kindly to the counsel of the years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with dark imaginings. Many fears are born of fatigue and loneliness... Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe no less than the trees and the stars; you have a right to be here. And whether or not it is clear to you, no doubt the universe is unfolding as it should. Therefore be at peace with God, whatever you conceive Him to be... And whatever your labors and aspirations, in the noisy confusion of life, keep peace in your soul. With all its sham, drudgery and broken dreams, it is still a beautiful world. Be cheerful. Strive to be happy."

Quotation Found in a Baltimore, Maryland churchyard from the 1500's.

Spring in Napa Valley

There were summer-filled twigs

Fall.

Winter

There were iron bars and locked
doors.

Then spring just outside the
window.

SAND AND/OR MIRROR

Sara Kathryn Arledge

A BRIEF EXPOSITION BY EVE
OF THE GENESIS AND EXODUS
OF THE SIBLINGS OR OPPOSITES IN EDEN AND ENVIRONS.

OR ADAM HAD FOUR ACES.

I

one sun shone on one,

a dam,

a dam in time emit Adam.

a dam in space place Adam.

eve of Eve in space pace Adam.

a dam in time emit Eve.

"Ave, Eva, ave ! "

II

Devil lived as Asp.

"anyone for good/evil apples ?"

" fig gift wrap, you two?" asked Asp.

"Clover Brand buy?" gasped Asp.

III

dam mad said, shun evil, LIVE man."

"ith Lilith, " lispth th' Asp.

IV

WE DID NOT GOOD:

WE DID NOT EVIL SHUN:

NOW DEVIL AS ASP WON.

V

OUT OF EDEN: ACCURSED CAME ADAM.

OUT OF EDEN: ACCURSED CAME EVE.

OUT OF EDEN: CAME TWO.

VI

Eve 'ave Adam.

Adam 'ave Eve.

Eve emit two:

live son, Cain,

lithesome Able.

VII

SOURCE.....NUMBER EMITTED

DAM.....2

EDEN.....2

EVE.....2

VIII

average Cain 'ave rage. **average** !

raw war, Cain, **now** won.

ave **average** age !

now begun.

I

one sun shone on one **son**
son.

Sara Kathryn Arledge

HISTORY OF THE UNIVERSE
FROM CLOD
TO GOD.

BUDDHA'S COMPLAINT
YOU MADE ME LOSE THE TRAIN
OF MY NO-THOUGHT.

MEDITATION TECHNIQUES SHOULD TEACH YOU
TO BE VIGOROUS AND RELAXED:
NOT SUBDUE.

PEOPLE MAY THINK PAINTINGS,
REPRODUCTIONS OF THE KNOWN WORLD.
EVEN THEN THEY ARE ALSO
REPRODUCTIONS OF THE UNKNOWN.

TO TYPE-CAST GOD
BREAKS THE FIRST COMMANDMENT
OF MOSES.

Sara Kathryn Arledge

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OF MOSES.

Extra
pieces
(incomplete)

EAST OF THE KOAN and WEST OF THE MUON.

~~CERTAINTY MAY ACT~~ BUT DOES NOT BECOME
~~ANYTHING ELSE.~~

WHILE
UNCERTAINTY MAY UNFOLD
INTO UNKNOWN ELEGANCE.

I SEE THE WORLD AS AN INCH WORM,
CLIMBING GOD'S FINGER, SAYING,
"ONE ME, TWO MES, THREE MES LONG."

YOUR GOD IS ALL RIGHT, BUT
JUST NOT THE KIND OF GOD I HAD IN MIND.

MY GOD IS THE KIND OF PARENT
THAT PUTS YOUR CRAYON DRAWINGS UP
ON THE REFRIGARATOR DOOR.

DO YOU IMAGINE HEAVEN
A CROSS BETWEEN DISNEY LAND AND SOLVANG?

EAST OF THE KOAN and WEST OF THE MUON.

CERTAINTY MAY ACT BUT DOES NOT BECOME
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Sara Kathryn Arledge

THERE'S NOTHING MORE AWKWARD FOR SOCIETY
THAN AN OLD TESTAMENT PROPHET
EXCEPT A TEENAGE ONE !

SOMETIMES EVEN ANGELS
HAVE TO COME IN
ON A WING AND A PRAYER!

~~XXXXXXXXXXXXXXXXXXXXXXXXXXXX~~

LOOK FOR LOVE AMOUNG US :
NOT BETWEEN US.
MATING IS BETWEEN US :
LOVE IS AMOUNG US.

GOD DOES NOT WANT US TO BE BORED
INSIDE OR OUTSIDE CHURCH.

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TO TYPE-CAST GOD
BREAKS THE FIRST COMMANDMENT
OF MOSES.

POSSIBLE THE OLD TEST^AMENT PROPHETS
 DIDN'T HAVE TOO WIDE A CIRCLE OF FRIENDS
 AND NOT FOR LONG AT ANY RATE!

~~XX~~

I CAN'T STAND EAST INDIAN KOOKERY

EQUAL OPPORTUNITY EMPLOYER

On the job training
 for spiritually inclined individuals.

 Today's SAINTHOOD offers many opportunities for;
 ADVANCEMENT
 and
 NOTEWORTHY ASSOCIATIONS

(NOTE:
 Certain occupational HAZARDS,
 such as : MARTYRDOM)

Sara Kathryn Arledge

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DON'T FOLD, SPINDLE, OR OTHERWISE MUTILATE
THE GRAVEN IMAGES OF OUR TIME
ON THESE PREMISES OR
IN ANY OTHER PUBLIC PLACE.

HISTORY UP TO NOW.

FROM GAS

TO ASS.

A RETIREMENT HOME IS A CONCENTRATION CAMP
CONVENIENTLY LOCATED TO A SHOPPING CENTER.

A DOMESTIC PET IS A POOR IMITATION
OF A REAL ANIMAL.

PEOPLE ENJOY PARANOIA !

WHY ELSE HORROR, MURDER, AND SUSPENCE FILMS?

WHAT IS A CRIMINAL ? AN UNPATRIOTIC MASS MURDERER ?

5
Sara Kathryn Arledge

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Sara Kathryn Arledge

THE DISCOVERY THAT THE NEUTRINO HAS MASS IS VERY IMPORTANT
BECAUSE YOU'VE GOT TO KNOW WHAT THE UNIVERSE WEIGHS
IF YOU'RE GOING TO SELL IT BY THE POUND !

POSITIVE THINKING
IS AN EFFORT TO HOODWINK THE MIND.

POSITIVE THINKER'S OPINION,
" A MOUSE CAN ROAR LIKE A LION
IF IT TRIES HARD ENOUGH."

CAN YOU STEP ON AN ANGLEWORM
AND NOT THINK ABOUT THE ECOLOGICAL SYSTEM ?

SCIENCE IS NEUTRAL. IT JUST DOES ITS THING,
AND IF YOU DON'T DUCK, DOES IT ON YOU.

TO PARAPHRASE JOYCE:

"WILL YOU NOW BECOME A FUNDAMENTALIST ?"

"I'VE LOST MY ATHEISM NOT MY INTELLIGENCE."

7
Sara Kathryn Arledge

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THE PLACE FOR WEALTHY WOMEN WITHOUT CHILDREN
AND MEN WITHOUT DOGS
IS CALLED ART.

WHERE SHOULD A YOUNG ARTIST KISS
A MUSEUM DIRECTOR ON THE FIRST DATE ?

CAN ONE GO DOWN IN HISTORY
WITHOUT GOING DOWN ON HISTORY ?

NOBODY IS REALLY PLEASED
IF YOU ARE CONVENTIONAL
BUT WHAT AN UPROAR IF YOU'RE NOT !

FILM MAKING IS AS SERIOUS A PROCESS
AS THE GROWTH OF AN ORANGE TREE.

SINGING IS A NOISY SORT OF DANCE.

OPPOSITION TO EVIL
IS FINDING AND GOING ONE'S OWN WAY.

8.

Sara Kathryn Arledge

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⁴
Sara Kathryn Arledge

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NOTEWORTHY ASSOCIATIONS

(Note :
Certain occupational HAZARDS,
such as : MARTYRDOM)

1940

Lines sent to Robert from my Glenarm studio

Monotonous
monogamy
for him and her
for shem and ye

For YOU and who
but not for me.

COLLOW CORLEW
E X E V S E
M I T T E R S E A T T E

SAND AND/OR MIRROR

Sara Kathryn Arledge

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Eve emit two:

live son, Cain,

lithesome Able.

VII

SOURCE.....NUMBER EMITTED

DAM.....2

EDEN.....2

EVE.....2

VIII

average Cain 'ave rage. average !

raw war, Cain, now won.

ave average age !

now begun.

I

one sun shone on one son.

THE FORMULA FOR HEX.

2 vertical lines
3 horizontal lines
1 diagonal line

CROSSED WITH

1 horizontal line
1 vertical line
1 diagonal line

EQUALS HEX

a spell cast by witches,
~~can be done~~ with crossed
sticks.

WILL TIDE EDIT SHORELINE ?

rove
or
row
for
romance
or
for
shore.

SEA AESTHETIC

30 bathers tan
nat, seaweed weaned,
1 in 10 billion air borne.

MILLERS FALLS

EZ ERASE

COTTON CONTENT

I am mama.

It was fun to be two.

It was fun to be without any.

It was more fun to be two,
one little old-faced one, dangling from the
natal-cord, gurgling and then two
kicks.

It is very strange to be kicked by
your own flesh inside, a mild kick
at first, then stronger flesh

kicks hard,

and rumples the cervical exit,
plays for life and rough~~ly~~.

I am mama.

NOTES AT EASTER ON THE DEATH OF A YOUNG MALE

WHILE THE DEATH OF AN ONLY SON
IS THE PERMANENT LOSS OF THE WHOLE WORLD
to his mother,
to the father,
THE LOSS IS A FINAL, TOTAL ERASURE
OF HIS ANCIENT SELF.

Sara Kathryn Arledge

April 19, 1981

SPRING COMES IN NAPA VALLEY

There were summer-filled twigs.

Fall, winter

There were iron bars and locked doors.

Then spring

just outside the window.

A Bouquet for the Frontispiece

Balancing green leaves,
Waving vermillion flowers
Oh slow slow slow vigorous vegetable movement
Across the hard window.

Balancing yellow leaves
Thrust up curling edges
Waving flower shapes burst out
With the utmost outward fling of crumpling petals
Around swelling green pods
Comes the black sweep of death.

Lines For John

Exhale butterflies.

Brightly, darkly, brightly.

Extrude dark groves of gigantic dream-stained oaks
To be stared down

By the great range of ancient, lichen-mottled rock.

sent to John

On Learning of my father's ^(SKA'S) death
by Tony S. Smith

that noise by the lake:

the tall old oak has fallen,

leaving birds airborne

great ripples in the water

a squirrel to find a new home

and myself with a shovel and some seeds.

that noise by the lake

~~xxxxx~~ birds

. birds airborne, ~~by~~

. settling in the ~~tall~~ pine

. the tall old oak has fallen
leaving

that noise by the lake

the tall old oak has fallen

leaving birds airborne

~~xxxxx~~ squirrel

great ripples in the water

~~and~~ a ~~homeless~~ squirrel

runs away to find a new home

and mysekf with a shovel and some s

eeds

12/3/66

The Front Yard Across,
The Street

In a huge blue area
Dark spots fly West,
Yellow spots fall

From each sharp twig

TEA FOR TWO :

"Sodom, Modom ?"

Live dangerously! What else can you do ?"

WHAT DO TWO RIGHTS MAKE ?

If a woman is no better than she should be, how much
better than she should be should she be ?

PHYLLIS :

"I don't mind the smog. It just kinda decorates the air."

East Indian guru

kookery is not for me !

It gives life a ~~different~~ slightly different flavor
to find out you are Italian instead of vanilla.

Rome wasn't bilked in a day.

Never mind the brotherly love stuff.

Brotherly can stand each other
is O.K. by me!

Sara Kathryn Arledge

A DOMESTIC PET IS A POOR IMITATION
OF A REAL ANIMAL.

PEOPLE ENJOY PARANOIA :

WHY ELSE HORROR, MURDER, AND SUSPENSE FILMS ?

WHAT IS A MASS MURDERER ? AN UNPATRIOTIC CRIMINAL ?

INSIST ON GROWTH FOR YOURSELF.

MATURITY THAT FINDS FAVOR IN AN INDUSTRIAL WORLD
MAY NOT BE PRO-SURVIVAL *for that world.*

IF A PERSON CAN BE COMMITTED FOR " DISTURBING THE PEACE",
ISN'T DISTURBING THE WAR O.K. ?

Art 1
Q IF YOU DO NOT DEVELOP IMAGINATION

BY YOUR OWN ACT:

THE ENEMY WILL CAPTURE *you* *its* *✓* ~~IT~~ WITH DAZZLING HORRORS.

THE "MENTALLY ILL" ARE PEOPLE WITH
DIFFERENT SOURCES OF INFORMATION THAN USUAL.

MILLERS FALLS
EZERASE

If you can't do it,
you call it schitzophrenia.

If you can, don't!

~~xxwatchedxx~~

True, a watched pot never boils: also never boils over!

Let your actions be patterned after the Statue of Liberty,
you know she's not doing it.

For 70 years I've undergone she-changes.

Sane people cling to a two-dimensional world!

Wouldn't a disgusting act of self-abuse be impossible
to an upright person ? Furthermore, it would be with a
member of the same sex--- and you know what that's called.

Cunning can neither counterfeit nor compete with innocence.

Help stamp out Mental Health.

Dummy, you're looking in the wrong place!
The afterlife is not under the bed ! That's the after-
birth!

"He may be English, but he's got Irish blood !"
-----"All over him?"

Freude was a circumsize prick with ears!

~~2 switches were horses,~~
~~bigger would ride.~~

Where I go
ego.

ALICE : "You have the worst case of penis-envy
I ever saw!"

SARI : "I'm not pretending to be a woman, Alice,
I am a woman and an individual. Every thing
I do, think, or feel is a woman's act !"

ANGRY LIBRARIAN TO HER BOYFRIEND :

"I'll cancel my subscription to your libido!"

INSTRUCTIONS FROM VENUS TO HER TROOPS :

"If you are losing the battle to love : retreat to justice, after that to survival."

The wise individual today will avoid martyrdom and insist on survival.

I'm not rich but I am silly.

Mental illness may be a sort of puberty of the mind.

LADY IN THE COUNTRY :

"I don't have to go behind a bush to pee. I'm already behind one."

When you take leave of his majesty, do you close the door in front of you ?

Sara Kathryn Arledge

science

I'M EXTREMELY INTERESTED IN THE IDEAS AND ACTS
OF THE YOUNGER GENERATION :
BUT ONLY AS A TOURIST !

Has great
THE DISCOVERY THAT THE NEUTRINO HAS MASS
~~IS VERY~~ IMPORTANT *and*

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AND IF YOU DON'T DUCK, DOES IT ON YOU.

2 JAN 28 1968

33 A 733

MEMOOR DOTTOR

ATTAR OF ROSES

for a cameraman

Christopher, Christopher,

where did you go ?

A'flattening roses

row after row !

for a mathematician

Christopher, Christopher,

where are you now ?

A'cancelling roses

with printout know-how !

INSTRUMENT CONTENT
EZEASE
MILLERS FALLS

MOSTLY 1980

FOR
QUESTION ~~FROM~~ DAVID:

IF A BOY IN AN EVENING DRESS IS CALLED A "DRAG QUEEN",

WHEN I WEAR MEN'S PAJAMAS, SHOULD I BE CALLED A "DRAG KING"?

ANSWER FROM DAVID:

IF I SLEEP NUDE, AM I A DRAGON (DRAG-~~ON~~ GONE) ?

IF I SLEEP IN A CLOWN'S COSTUME, AM I A DRAGOON?

IF I SLEEP IN FISH-NET STOCKINGS, AM I A DRAGNET?

IF I SLEEP ON MY STOMACH, I'M A DRAGON FLY ?

MY COUSIN HAS NO SOCIAL PRETENSIONS WHATSOEVER,
AS LONG AS SHE IS TREATED LIKE ROYALTY!

I'M SO GLOOMY THAT EVEN IF THEY DO HAVE AN ATOMIC WAR,
I WOULDN'T ENJOY IT! I'D JUST TURN OFF THE T.V.

Deal with other 2 *NOT* *ing*
IT ISN'T JUST ~~THAT I DON'T~~ BELIEVE IN POSITIVE THINKING,

I DON'T BELIEVE IN NEGATIVE THINKING EITHER. BUT I DO
BELIEVE IN THINKING.

DON'T WORRY ABOUT HER! SHE'S GOT ALL KINDS OF
PROBLEMS GOING FOR HER.

INNOCENCE IN THE YOUNG: IGNORANCE IN THE OLD.

IN SOME RESPECTS, I AM AN ELDERLY CHILD.

as difficult as

MY EYE OPERATION WAS ~~LIKE~~ DRAFTING A SQUARE ON A JELLY-FISH.

A DREAM OF D.R. place with (recycle T.P.)

YOU WERE THE BEAUROCRAT OF MY DREAM, I, THE BUTTERFLY, YOU THUMPED ON THE HEAD AND SAID, "STRAIGHTEN UP AND FLY RIGHT." MY REPLY, "I'M SAFE IN MY COOON WITH ^{out} ~~NOT~~ EVEN ANOTHER BUG TO BUGGER ME."

IRRESISTABLE WORLD, I WON'T.

WON'T NOW.

WON'T EVER

JOIN ~~IN WITH~~ THE ACAPPELLO SINGING,

^{ARA}
" BARBRA ^{ARA} WALTERS,

^{ARA}
" BARBRA ^{ARA} WALTERS,

But I'd

~~WE'D~~ RATHER SEE YOUR FACE THAN A CORPSE.

~~THAN A CORPSE.~~

I'd

~~WE'D~~ RATHER SEE YOUR FACE THAN ~~EVEN~~

ANY NUMBER OF THE MOST BEAUTIFUL CORPSES."

^S
ART CONCIUSNESS IS A ~~SORT OF~~ NON-WAR DISEASE,
A PEACE-POX IN OTHER WORDS.

I defy
you to
classify me !

^{are}
If events[^] viewed to be
immoral/immortal,
but neither , nor to me,
why should I
classify ?

WILLERS FALLS
EZEKIEL
COTTON CONTENT

A QUESTION WITH 1 BOTTOM LINE AND 3 SIDES.

"Is It you?"

"No, It's ME !"

"I'm ME : you're YOU ?"

"No, I'm YOU to you and

you're YOU to me;

I'm ME to me,

you're ME to you !"

" ME-YOU?"

" IT's a PUDDY-CAT !"

Sara Kathryn Arledge

page one

book five

Nobody is really pleased
if you are conventional :
but what an uproar if you're not !

Would you rather kill
one another until
our species ceases ?
Or rather be a brother ?
But yet and still kill ?

LADY : (any lady of your choice)

"Tell me, my good man, to what do you
attribute your success in life ?"

GANGSTER : (any gangster of your choice)

"To meditation."

LADY : To which form of meditation ?"

GANGSTER : "Premeditation."

page two
book five

If she is no better than she should be,
how much better than she should be should she be ?

Being Scottish, I figured out a swell way to recycle
T.P.

1. You wipe your glasses
with it,

2. then you wipe your asses
with it,

(but not visa versa unless, of course,
you voted for _____, _____

Then it doesn't matter.

You can't see for shit anyhow !)

Is it possible to go down in history
without going down on history ?
Or do we, like a ship's captain,
go down with history ?

COLLON COMEVAL
EZEVE
WITTEB LUTTE

page one
book four

MY LAST WILL AND TESTAMENT

I, Sara Kathryn Arledge, being of sound mind,
hereby, leave all my worldly goods to establish
a Caltech scholarship for deserving science students
who were graded "C" through out highschool.

SPERM BANK :

Science will make out
as long as it has enough feeble old men
to jack off for it!

THE DISCOVERY THAT THE NEUTRINO HAS MASS *is very important!*
~~that~~, You've got to know how much the Universe weighs
if you're going to sell it by the pound.

HISTORY OF THE UNIVERSE :

From Gas

to ass.

WILLERS FALLS
ERASE
COTTON CONTENT

page one

book three

If you don't like
4 muddy paws and a Happy Face,
you don't like dogs.

If you don't like my dog,
how about my doggerel ?

Would you
stand in sand,
stand there
hand in hand
where hatless Atlas stood ?

She sells
she cells
by the she store.

THE FILMMAKER

She cells sell
she cels.

page three

book two

Film making is as serious a process
as the growth of an orange tree.

Singing is a noisy form of dance !

My Art work '80 : I'm trying to awaken the genuine,
the original response. That to me is the function
of the artist.

It is futile to relate a work to what you already
know: you will miss the action of the new in the
work itself.

A film without harmonious visual structure is the
New Testament without Jesus, the Koran without
Mohammed, the Old Testament without Moses.

page four

book two

Why is it that original artists can't draw
and those who learned aren't original ?

Life is not just a paint-by-numbers set
to be colored in by each succeeding generation.

Leonardo was the Norman Rockwell of his time.

Let us move on from :

- 1) Home movies with genitalia.
- 2) Films that are just as open about sex
as a film can be without getting shit
on the lens.

Film Artist -

People would rather kill each other than watch
my films. (At least more of them do.)

Film Exhibitor -

*Due to the local shortage of murders
we've decided to risk a showing of
your films. -*

Book II
of Art & ~~Artists~~
Film

page one

book two

If you do not develop IMAGINATION

BY YOUR OWN ACT,

the ENEMY will capture you
with it's dazzling horrors.

The place for wealthy women
without children
and men
without dogs
is called Art.

Where should a young artist kiss
a museum director on the first date ?

For close harmony;
Mind the muzak and the schlep
and with the gulls be handy!

page two
book two

Cubism's lack of depth of feeling is due to the artists' exclusive use of the left hemisphere. Consequently, it is logic and symbol oriented instead of presenting the complex and complete **VISUAL** experience of which **ART** is capable.

FILMMAKER : "Is Warhol all ?"

FOR A COMPUTER FILM ANIMATOR'S PREMIERE

I won't bring flowers.

I'll think "FLOWERS".

ART is that activity that occurs when an UNKNOWN artist ACTS knowingly on an UNKNOWN viewer.

1981

NEW ENGLAND PRIMER UPDATED

AFTER FATHER ADAM'S FALL,
SELF*SAME STRUCTURE ALL IN ALL.
BUT NOTE MOTHER EVE'S LAMENT
FOR EACH ONE A DIFFERENT BENT.

1st section

IF WE ALL GOT TOGHTER AND VOTED AGAINST ~~GRAVITY~~ WHAT
WOULD HAPPEN?

evolution

THE WISH TO DESTROY THEORETICAL BABOONS
CAN BEST BE IMPLEMENTED BY A THEORETICAL LEOPARD,
NEVER MIND THE COMPUTER PRINT OUT!

IF YOU WANT WARFARE ON A SMALL SCALE,
HOW ABOUT S.& M.?

HOW TO RING THE CHANGES ON A MAN.

CANT CAN.

IF CANT CAN'T,

CAN CAN CAN.

IF CAN CAN CAN'T,

CUNT CAN.

IF CUNT CAN'T,

NOUGHT CAN.

~~MY~~ MUSE, A DRUM MAJORETTE,

LEADS THE PARADE OF DOWNS-SYNDROME CHILDREN.

FAME AND WEALTH, BLOWING THEIR TUBAS AND ^{varely} ~~KEEPING~~ STEP,
BRING UP THE REAR.

QUESTION: WHO IS THE MOST POWERFUL PERSON IN THE WORLD?

ANSWER: A WOMAN WITH A BROOM.

HITLER AND MUSSOLINI AND STALIN ALL HAD TO

PICK UP THEIR FEET FOR HER, ^{TO} SWEEP UNDER.

^{Native HAS TO}
~~AN EAST INDIAN~~ LEAVE HIS HUT FOR THE HAMMOCK

WHILE SHE PASSES THRU.

^{Industrial}
A MULTINATIONAL ~~EXECUTIVE~~ CONFERENCE HAS TO ADJURN ^O
FOR HER. SHE CAN MAKE ANYONE MOVE.

AND IF THEY DON'T MOVE, A BROOM IS A HANDY WEAPON!

"
LET THE GENERALS ~~VIEW~~ ^{with alarm} " WITH ALARM ^{the immanence}
OF PEACE. ^{capo 7}

SINGING IS A NOISY
SORT OF DANCE!

VILLAN SCREAMS TO HEROINE,

"YOU'RE HITTING BELOW THE BELT!"

HEROINE SHOUTS BACK:

" I HOPE SO."

Sara Kathryn Arledge

EQUAL OPPORTUNITY EMPLOYER ✓

On the job training for
spiritually inclined individuals.

SAINTHOOD today

offers many opportunities for:

ADVANCEMENT and

n NOTEWORTHY ASSOCIATIONS

NOTE:

Certain occupational hazards,
such as : MARTYRDOM

+++ +++ +++ +++ +++ +++ +++ +++ +++

OUR HISTORY UP TO NOW :

FROM GAS

TO ASS.

DON'T FOLD, SPINDLE, OR OTHERWISE MUTILATE
THE GRAVEN IMAGES OF OUR TIME
ON THESE PREMISES OR
IN ANY ~~OTHER~~ PUBLIC PLACE.

A RETIREMENT HOME IS A CONCENTRATION CAMP
CONVENIENTLY LOCATED TO A SHOPPING CENTER.

BOTH MEN AND WOMEN ARE KISSING COUSINS TO ME.

IN THE NEW YEAR'S PARADE LET US VIEW THE FLOWERS ^{displays} AS
WHAT THEY ARE: THE GENITAL ORGANS OF PLANTS ARRANGED
FOR THE PURPOSE OF ADVERTISING.

MY COUSIN IS SO REFINED.

SHE ^{SAYS} ~~CALLS ME~~ "YOU AN ^{US "} ~~AMERICAN~~"

REALISTIC PAINTER

" WHEN I LANDSCAPE PAINT, I FOLLOW THE DOTTED LINES,
~~THE~~ ^{THEN} COLOR IT IN BY THE NUMBERS."

~~Life is the most significant process.~~

PENNY FOR YOUR THOUGHTS

"I AIN'T JUST A WHISTLING " WE SHALL OVERCOME."

ONE ACT OF ART IS TO INTERRUPT AUTOMATIC THOUGHT PATTERNS
TO ALLOW TIME FOR INSIGHT.

DO WHAT YOU ARE RATHER THAN WHAT YOU THINK YOU SHOULD!

WHAT YOU THINK YOU SHOULD MAY WELL BE WHAT SOMEBODY ELSE ONCE
THOUGHT ~~about something else~~

^{under} ~~you should~~ a different set of circumstances!

123 brief statements

People would rather kill each other
than watch my films. — the filmmaker
by ~~read~~ ^{this} ~~work~~ — the writer

JUNE 1981

~~A letter from an exhibitor of films~~ ^{the filmmaker} —
~~the bookstore~~ ^{owner of bookstore} —

Due to the local shortage of murderers, we've decided

to risk ^{printing} ~~showing~~ ^{books.} your ~~films.~~
stocking

Dummy, you're looking in the wrong place. The afterlife is

not under the bed. That's the afterbirth.

To a comic

You would have been a panic on the Titanic!

limited
sanity, our approach to reality up to
now, ^{does} ^{offer a.} ^{mental activity} ~~is not~~ flexible enough to
resolve our complex difficulties
& crises today. ^{place on corner}

~~a friend's evaluation —~~

~~Fou de Dieu~~
~~That's you."~~

In Napa I thought,
"Anyhow I'm not dead!"
Now at 70 I think
"Anyhow I'm not ~~is~~
~~dead~~!"

June 27 1977

Dear Isabel,

I'm still glowing over Annita's complement--"an elegant painting companion." But for the last few weeks I've been doing no art work. Instead, I've been recovering from the Flu and creeping around doing the 10,000 things. With your and Bruce's encouragement about MADNESS IN MEMORY I'm thinking about writing you some of the unbelievable things that have occurred to me after being hypnotized against my will by Krishnamurti in ^{July} 1955 at Ojai. OJA

^{was}
I ~~have~~ always been afraid of psychic happenings/probably ^{THEIR EXISTENCE} ^{SYSTEM} because ~~they~~ threatened my whole belief about reality. Then my mother, who had two dramatic experiences of knowing when relatives died, thought that it would be easy to lose one's mind if such things were pursued. My father, being a non-believer and engineer, was appalled by mama's nonrational successes.

In my twenties

At UCLA, carried away by meeting the dashing Hubert Buel, I sat down beside him in ^{KERCKHOFF} Kerrikoff patio and told him the date of his birthday-- far from fascinating him--it astounded and frightened him. Undaunted, I tried it again on a young lady in my French class. It happened again. Now, it was fun.

But altho I tried it a few more times, it never happened again.

I was guessing wrong. I forgot about the whole thing. (^{Psychic} ~~these~~ occurrences do not fit in anywhere and are easily forgotten.

They are pushed aside by a reality we agree in) I was more

interested in painting, walking on the beach with John Baxter.

Psychic EVENTS

~~They~~ were dramatic but uncreative. I wanted for once to fit in ^{as an artist} somewhere and make friends. I was accepted by most of the art faculty and the other art students. Art was to be my way of life.

In the fifties Clyde, my second husband--a graduate physicist--

became interested in repeating some of the experiments run at

Duke University in Parapsychology^h. He tested me using cards.

He was a very surprised scientist at the results. I had guessed wrong on so many that my error was way above chance. (I imagine that my distaste for being psychic^{may have} affected the score.)

to be continued in my next!

Love,

Sara Kathryn

P.S.

It is too much effort to zerox these letters so just return it corrected when you are thru with it.

would welcome any suggestions. S/K

July 11, 1977

Dear So-called friend (you promised to write me)

The relief I felt on the way from Napa to Donna's house, the green fields, the quiet home atmosphere, all raised my spirits. I sat down to dinner at ease with the new environment. But as I looked at the spaghetti on the ~~the~~ pottery plate, the voice, which I had forgotten, started up again. Although I do not remember the words it said, I'll never forget that Joe, my cousin, repeated them word for word immediately afterward. Then it spoke again only to have these words repeated by Donna. I was appalled. What was going on? Could they know that I knew what they were thinking? If they guessed this, they surely wouldn't keep me there. Back to that Hell-hole I would have to go. This was the worst. Bad enough to have my mind incapacitated again; but Napa was worse.

I looked at them. They were not paying me any attention. They were getting up from the table and heading for the kitchen. I followed with my dishes. No one seemed in any way disturbed. Obviously, they didn't know what was happening to me. The voice stopped and I don't remember it occurring again for a long time.

While Donna spent the day teaching music, I was free to paint. I started a watercolor which I regarded as an act of prayer. I worked without thinking about what I would do next. I just applied the paint and watched what was coming out on the paper with interest.

On the weekends Clyde brought Tony, my 11 year old son, to see me. I ~~remember~~^{ed} pitching a baseball for him to bat. I remembered to throw overhand but I had no control over the ball. Finally in desperation, Tony said, "Just throw underhand!" I did. "He finds the weekends with me dull," I thought. I suppose that the 7 1/2 months had institutionalized me. I didn't seem responsive. However I ^{was able to} ~~helped~~ Donna by doing the cooking. She was very encouraging about it and seemed happy to have me with her.

I remember another odd occurrence during this period. We were all driving to Pasadena from Walnut Creek at night. To break the long trip for Tony^{who} was sitting with me in the back seat, I suggested a game of Hull Gull. When it came my turn to guess how many beans were in Tony's hand, I guessed right every time until after about twenty turns, Tony decided^{it} was no fun to play. I could not think of anything to say or do that would entertain Tony so we watched the night lights flash past as we went South in an estranged silence.

Indian beaded

I DREAMED ~~THE~~ I LEFT IRIDESCENT[^] FOOT PRINTS *in the sand*

and

I use vision, [^]imagination, while working, with my ~~2~~ analytical mind in a state of uncertainty.

Usually I have nothing in my mind--perhaps a color combination or shape of gel on the drawing table appeals to ^{me}. I pick it up and start with it. Then as I work on it, things may appear to me in the painting. I decide wheither to bring them out more clearly or leave the painting in an uncertain state-- I do enjoy uncertain states of mind ~~in art~~.

If the image of something appears in your mind while looking at the transparencies on the screen, you can just accept it without being embarrassed that you ^{are seeing} ~~have seen~~ objects in an abstract painting. Let's not think of the paintings as abstract or surreal or by any other word. I think we can make more direct discoveries in a work of art if we don't classify it while we are looking at it. Knowledge doesn't help out at that time.

I do think your imagination as well as mine is also important and involved. Perhaps enjoying art is the creative play of your right hemisphere. So if you find images appearing in your mind which you recognize while looking at the screen, that is part of the work of the art. Others may find different things or relate to the transparencies in a different manner.

What I've tried to do is to recognize what my creative process is trying to ^{realize} ~~compose~~ on the glass ^{and} ~~so as to~~ ^{bring} realize it ^{bring} ~~and to finish it~~ using my whole mind.

THE BEGINNING OF THE TRANSPARENCIES

The idea of using visual educational ~~aids~~ slides for creative art work came to me in 1947 in a visual aids store.

where I saw the glass slides then in use in the schools ~~in a store~~ ^{there}. I bought glass slides, glass paint, and other related items. I realized with mounting excitement that I could probably use the colored gels that I had on hand from 1940 ^{WHICH} ~~that~~ I had used in front of the lens while filming my dance film.

The first slide I ever made has three Harliquins in it. (It will be shown in the IRIDUM SINUS slide showing tonight.)

I taught 2 classes of Color and Design in Oakland College of Arts and Crafts in 1949 how to make these transparencies. I was not rehired! I have been asked if these classes later started the Light Shows. The answer is I don't know.

HOW MY TRANSPARENCIES ARE CONSTRUCTED

The slides are a glass sandwich with the paintings between 2 or 3 rectangles of glass depending on how many layers I need. In some of the recent ones I use prepared acetate between the glass as it is thinner and cheaper.

In the black, white, and sepia ones, I smoke the glass with matches. I keep the flame moving at all times to prevent breakage. In many I use a toothpick for the fine white lines; crumpled paper napkins or toilet paper for the areas. The sepia occurs where I make a mistake in the white area and run a match quickly under it. This gives a depth effect which I like.

I have used many different mediums in the colored slides. At first in the 1940's I used stage light gels and glass paint. Then ^{SINCE} in 1976 (when I started to make slides again) ^{ALSO} I use glass stain, Indian ink for film, and Sharpie pens. The gels come in large sheets of about 80 colors. Being made of gelatine, they dissolve in water in a warm oven. After this, I put a top on while the gel is still wet and squeeze where I want the colors to move. I opaque out areas I want to disappear. Sometimes I use these various techniques together *along with others.*

A KEY TO WHAT IS A MAN ?

This film includes both satirical and documentary views of Man... contrasted with undertones of Cosmic Spirit. My original interest in the process of processes we call "Man" changed into action when I read FINNEGAN'S WAKE aided by Joseph Campbell's KEY TO FINNEGAN'S WAKE . This is a sort of key to WHAT IS A MAN ?... ^{TO AMPLIFY SOME OF THE ABBREVIATED} material **/IN THE FILM.**

I had planned a triad of films in 1950. This was to be the introductory film. There are a number of themes that start in it. The logo, CHAMELEON FILMS, starts a theme of abrupt changes: instead of a reptile under the words there is an Archeopterex, the evolving reptile-bird on its way to flight. The Latin motto underneath, AD ASTRA PER ASPERA (TO THE STARS THRU DIFFICULTIES) changes into 2 meanings: ESPERA, Spanish for HOPE and E.S. P. ERA.

Eve and Adam face each other tenderly in the Cranach painting. But then are reduced to a scientific diagram laced with Latin names for the reproductive organs. Note that they face away from each other. In the background of the flesh -and-blood pair is a picture of an apple: the snake is formed by car lights in the window.

The answer to the title: WHAT IS A MAN? is uncovered by dropping S&AN changing it to WHAT I AM.

Some of the other themes are:

- a) The horn honks, and the alarm rings disrupting natural processes. The growing plants stop and bloom not with flowers, but with clocks.
- b) The alienation of modern woman and man begins in the scientific classification of Eros in the diagram, through modern Eve and Adam, to the two commuters who are unable to engage in a conversation so they just ^{unconsciously} repeat the lines from Macbeth after the murder of Duncan.

In the dance sequence we shot one dancer simultaneously from three camera positions with three cameras to give three views of an identical movement.

In the TV sequence, Somebody else falls under the spell of Beawolf, a smooth talking car salesman...she buys his car. Meanwhile she casts her own spell...Beawolf falls for her and we assume will have to pay for her car. But after her advisers fail to help her, she becomes even more dependent when Beawolf takes control of her confused life.

This sequence was from the manuscript of Heir of The Dogma That Bitch ya. ^{written in 1950 and now lost.}

Strange creatures slowly evolve out of the mud to the loving couple at the beach. The ocean shot that, almost but not quite ends the film represents nature in its serene female aspect. In spite of human folly, all is right with the Cosmos.

The ever changing details about Eve, Adam, and their offspring in this world contrasted with the Timeless Universal Being.

In the credits the impudent amateur filmmakers themselves play musical chairs although in the clutches of the Demon while the jazz musicians play temptingly YOU OUGHT TO BE IN PICTURES,

Instead of a permanent end to the picture, the processes of human folly go on and on with the end title, ETCETERA.

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SOME NOTES ABOUT MY WORK IN FILM

The realization of these films from the concepts involved many people. In WHAT IS A MAN? I tried to encourage spontaneous acts on the part of the cast and cameramen ~~as long as they~~ ^{use those that} were harmonious with the script. The composer and musician, the late Bill Ericson, picking out the music and asking me if it was all right...I always said yes. The actors worked out their own parts together with me. I never saw the ocean shot that the jazz player, Bob Mielke shot until it came back from the processer. The plant growth shot which took three months to shoot was arranged between Heaven, Clyde B. Smith, and me. The credits were shot by Denver Sutton. Dr. Thelwall Proctor and I took the motel sign and the car lights.

To introduce those in the anonymous cast that I recall. Dr. Proctor made the film possible by his help. He also played the sighcya tryst, and a commuter. Kenny O'Hara talked with the lady on the train ~~whose name I don't recall~~. Harland Hand played a commuter and gave general assistance.

There is a sense of imaginative rightness in an artist because there is rightness in the Universe... a complex harmony. What it seems to me that I am doing is to create images in such a way as to try to tenderly communicate ^{SENSE OF} this rightness to others.

1

Altho I make experiments at times, I try to avoid using these and intellectualized inventions as ends. I think that these are blind alleys for an artist.

Art is not like science the discovery of the unknown. I would describe it as an action of the unknown. In the arts vision may be limited by many factors so we do not always share the same views. Each has an individual way. It is a danger signal for society when artists do not find and realize their own vision.

Here are two quotations from prominent scientists that I like. Dr. Woodburn Heron from an article in the Scientific American on the PATHOLOGY OF BOREDOM , " a changing sensory environment seems essential for human beings. Without it, the brain ceases to function in an adequate way and abnormalities of behavior develop." And from Dr. Eccles, Nobel Prize winner, from the Scientific American article about the PHYSIOLOGY OF IMAGINATION "Visual experience for example, brings an immense barrage of impulses into the cortical neurons which disrupts their tendency to settle into the phased activation of the alpha rhythm."

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most of
They My paintings are improvised ~~with~~
~~combined~~
The subject matter of elements ~~from~~ ^{of} nature ~~combined~~
sometimes influenced
with imagined sequences, ~~prompted~~
by the fluid ~~behavior~~ ^{actions} of water
on wet paper, ~~ideas from~~
color, ~~and the promptings of the~~
~~as well as the promptings of the~~
along with
my non-conscious mind.

These paintings ~~are~~ ^{were} improvised. They ~~are~~ ^{were}
~~however~~, influenced by my continual
study of ~~nature~~ organic forms and colors.
Also the ~~fluid movement~~ ^{flow} of the water
colors ~~along with the promptings of~~ ^{out pouring}
~~my non-conscious mind~~ ^{activity of my mind} created
the final result.

Subjective / mazes
Subjective object

Subjective / mazy

half-thought-of images

Subconscious / mazy

visible subjectivity

~~introspective~~

subject + object
object possessing
subjectivity

"an interior made exterior" Stevens

"visibility of thought"

internal revelation

intrinsic revelation
invention

Tropic Scene

~~dreaming life~~
X Summer night
In the Bright
water
Sappho's fish
tropic scene
life

never what we see

"color of the mind"

internal extensions of

the eccentric interior

recent imagining

whose work has survived

1 million

The artists ^{For} as long as ~~25,000~~ yrs ~~ago~~
have used ~~this~~ ^{this} knowledge in their work
Some today are discarding these ~~natural~~
~~human heritage~~ ^{human} ancient truths.
cut off from nature and raised in ~~an~~
a visually ugly environment ^{TV.} it is no
wonder. Not accustomed to criticizing
their own work ^{because they are} surrounded by ^{the} admiration
of their most feeble ^{art} efforts from babyhood
on.

How to get ideas for film

Imagination not encouraged by
schools & parents & peers. Yet
they find the world of business &
the world perceived by the Left
hemisphere not enough so they
turn back to older periods when
there was a life of imagination

There is an ^{relationship} ~~interplay~~ between people & objects
a cold long narrow corridor alienates ^{see Napa} ~~the~~ ^{kind}

Wallace Stevens says of art that it is "an interior made exterior"

if the film is a work of art

it has a structure
this structure is aesthetic
not decided by exterior rules. ~~we are tired of that type of~~ *limited structure.*

But an aesthetic structure (the skeleton of the work of art) takes into account the receptiveness of the human physiological, and psychological ~~nature~~ *which* receives the sense data that the film offers. ~~and what is beyond these,~~ *we have that*

The structure is felt by the emotions and perceived by the intellect thru the eyes and ears, *and spirit* *Spiritual(?)*

Film uses the elements of visual art as well as duration in time, motion, and stillness.

the film medium may also make use of; music, dialogue, noise and silence.

in Introspection, I wanted to explore the aesthetics of film to meet my individual intuitive and conceptual needs as a visual artist; and to expand my own concepts to better utilize the potentials of the film medium.

My hope was ~~not to be monotonous or boring~~ *new* but to present works that would arouse the sleeping aesthetic sense put to sleep by the ^{almost} whole of our civilized ^{industrial} environment. (That is one reason why we enjoy nature so much—because it arouses and ~~revives~~ *revives* our aesthetic sense.)

For the benefits of the scientists in the audience I am going to quote from Altered States of Warner's and out

Introspection

Altho I would describe the measurable world as a near illusion in its level of existence, this is not to downgrade what we call the "real" world. To near-illusions are significant. (By significant I'm not speaking of the various meanings we give to life as we pass thru it) But that it is the nature of life to be significant.

Answer questions

Thoughts on Art 2

One of the traditional acts of art is to pierce thru the hypnotic effect of the group of illusions we call conventions.

The function of the artist is to bring to ~~the~~ ^Sconscious awareness the harmonious nature of our non-conscious mental processes. Working on a painting is an alert form of meditation. I look at the work receptively to see what is in it. Thoughts in the form of words cease. When an artist's concern about a work of art ceases: it is finished.

Feel free to imagine whatever you like while viewing my work. This ~~is~~ is an opportunity to take a bath in your dreams.

Painting

Film

"Introspection"
Exhibited to N.Y., Hollywood, SF.

World Festival for Film
& Fine Arts of Belgium
1949 at Knokke-Le Zoute.

Many other U.S.A. Colleges
& Museums

International Film Congress
of French Cinematographe
1949

Experimental Film Festival
in Belgium 1949

54th Annual Exhibition
of American Painting & Sculpture
cover of ~~Chicago~~ The Art
Career Institute of Chicago
rep. on cover of ~~Illustrated~~ Illinois
Christian Science Monitor

Reproduction
of "Zebras"
in color

"Introspection"
Distributed by Cinema 16 N.Y.C.

publication

The Experimental Film:
A New Art in Transition
Arizona Quarterly
Summer 1947